December 2025 | Monthly Newsletter



MURIEL STEELE SOCIETY



DEC. Sponsored by the UCSF Department of Surgery
Newsletter by: Faaizah Arshad

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Happy December!

From the MSS team, we wish you a magical December, wrapped with gratitude and reflection. Below find updates, celebrations, and highlights.



Highlights of Achievement:



Congratulations to Dr. Rebecca Plevin, who is Associate Professor of Surgery in the Division of General Surgery, Trauma & Surgical Critical Care at Zuckerberg San Francisco General Hospital for her appointment to Vice Chair for the Northern California Committee on Trauma with the American College of Surgeons, which was effective Nov 1, 2025.





Congratulations to Natasha Gonzalez, who has been named a recipient of the 2026 AAS Senior Medical Student Travel Award and will represent UCSF at the Academic Surgical Congress in Florida this upcoming February.

Congratulations to Susan Chang, MD, who is a UCSF Professor in Neurological Surgery, for receiving the 2025 Lisa DeAngelis Award for Excellence in Neuro-Oncology Education.







MSS Bonfire & S'mores



Muriel Steele Society hosted its Annual Bonfire and S'mores event at the end of October at Ocean Beach, where incoming and outgoing surgical speciality and subspeciality residents met each other and faculty outside of the academic setting, with a warm fire, laughter, and memories!





PUBLISHED ARTICLE

Congratulations to Ilina Bhaya-Grossman, PhD candidate in the Edward Chang lab, and team on their recently published article titled Shared and language-specific phonological processing in the human temporal lobe in Nature. Scan QR to read:





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Article Open access Published: 19 November 2025

Shared and language-specific phonological processing in the human temporal lobe

Ilina Bhaya-Grossman, Matthew K. Leonard, Yizhen Zhang, Laura Gwilliams, Keith Johnson, Junfeng Lu & Edward F. Chang ☑

Nature (2025) Cite this article

18k Accesses | 198 Altmetric | Metrics





Recent Achievement





Congratulations to Dr. Maria Castro, PGY4 General Surgery Resident, who was awarded the First Place Tepas Award at the Pediatric Trauma Society Annual Meeting this past week for a manuscript and podium presentation on A New Pediatric Trauma Center Quality Benchmarking Metric, with mentor Dr. Aaron Jensen. Also 7 months pregnant!



PUBLISHED ARTICLE

Congratulations to Alyssa Zhou and team on their recently published article titled *Parenting* in Surgery: A Structured Initiative to Support Surgeons Navigating Pregnancy and Early Parenthood During Training in the Journal of Surgical Education. Scan QR to read:





Journal of Surgical Education
Volume 83, Issue 1, January 2026, 103793



Parenting in Surgery: A Structured Initiative to Support Surgeons Navigating Pregnancy and Early Parenthood During Training

Alyssa Zhou BS $^{\uparrow}$, Kelsey Ogomori MD $^{\uparrow}$, Alexis Colley MD, MS § , Julie Ann Sosa MD, MA § , Madhulika G. Varma MD § , Lucy Z. Kornblith MD § , Ava Yap MD § , Karen Trang MD § , Lan Vu MD, MAS § $\overset{\boxtimes}{\sim}$

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https://doi.org/10.1016/j.jsurg.2025.103793 >

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AWS Membership Resources

To all faculty, residents, and trainees—don't miss out on the invaluable resources available through membership in the Association of Women Surgeons (AWS)! If you have any questions or need assistance in utilizing your benefits, feel free to reach out to the MSS Communications Committee.

Upcoming Opportunities:

- Dec 8 at 8pm EST- Personal Branding Webinar.
- Dec 9 at 8pm EST- Surgical Mentoring Program:
 How to prepare for residency MATCH and
 evaluate which program is right for you.
- Dec 21 at 12pm EST- AWS Medical Student Monthly Meeting.
- Dec 30- Complete the AWS Post Conference Survey.
- See the AWS Events list for additional opportunities:



AWS Membership:

Faculty: AWS colleagues invite you to join them as a member of the Association of Women Surgeons.

Residents: All UCSF residents in the Department of Surgery are institutional members of AWS through UCSF—we encourage you to fully leverage the diverse range of benefits AWS membership offers.

Medical Students: Medical students are encouraged to join AWS for a fee of \$25—becoming a member will provide multiple networking opportunities for students at the AWS conference taking place in SF later this year!

AWS Benefits

Networking Opportunities:

Connect with a global community of surgeons, fostering collaboration and mentorship.

Educational Resources:

Gain access to exclusive webinars, workshops, and publications to stay informed on the latest advancements.

Mentorship Programs:

Benefit from mentorship opportunities that can provide guidance and support at every stage of your career.

Career Development:

Access resources aimed at enhancing your professional skills and advancing your career in surgery.

Thanks for reading!

MSS Communications Committee:
Resident Leads: Alexis Colley, Fernanda Romero-Hernandez
Medical Student Lead: Allison Chang
Newsletter: Grace Kloss, Faaizah Arshad
Social Media: Alex Lopes, Rachel Huynh

If you have anything you would like to feature (articles, advice, work photos/achievements, family/personal photos/achievements, etc) in this new section of our newsletters, please send an email to themurielsteelesociety@ucsf.edu.

The Muriel Steele Society is an inclusive community dedicated to inspiring, supporting, and promoting surgeons so they can thrive at all stages of their careers. We will be hosting events throughout the year to foster a strong community of allies and to achieve the goal of continued excellence at UCSF. Our overarching goal is to advocate for a culture of belonging that is focused on expanding the advancement of all surgeons. All are welcome.

For more information about the Muriel Steele Society, please visit our website.

Have an opportunity or event that you'd like to share with the MSS membership? Email us at themurielsteelesociety@ucsf.edu.

Want to become more involved with the Muriel Steele Society? Email us at themurielsteelesociety@ucsf.edu.



